

#### Your quarterly dose of

### SUNSHINE

Jan - March 2024



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# Parent Education Days

2024 kicked off with our successful parent education days, where the parents and caregivers of our 260 preschool children received basic water safety education with CPR.

We use this opportunity to gain their consent for their children joining our program, but also to remind that ACTIVE SUPERVISION is the first barrier in drowning prevention.

In our sessions, we use DIY CPR dolls to allow continued learning and sharing of knowledge throughout the community, where specialist equipment is inaccessible...





#### Somerset College Grade One Splash n Dash 2024

The fabulous Grade I teachers and children of Somerset College splashed some serious sunshine at the annual Splash and Dash race. Each year, they include a "Sunshine Fun Race" using noodles, to encourage children of all abilities to join the fun and support our drowning prevention programs.

This year the children raised R2000 towards the printing of our interactive workbooks.



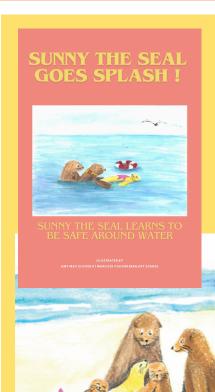
#### Swim Instructor Scholarship Award 2024

In Janurary this year, our first Swim Instructor Scholarship was awarded to this courageous, young mother. Luella has a passion for education and hopes to support her community with early education. She hopes to teach the ladies of her community how to swim, and is excited to join our team, teaching survival swim skills in Muizenberg alongside the Swimmatix team, where she received her training. We could not be more proud of Luella, and the work she has put in to achieving this qualification. We look forward to providing at least I swim instructor scholarship each year.



Whilst we wish we could reach every child with survival swim skills, for those schools who have not made our program, we endeavour to visit and educate children with our interactive presentation. Sunny the seal and Stella starfish enthral the kids, teaching them how to stay safe around water.





## Sunny gets a revamp!

When a small art school got behind the cause of stranded seal pup on Strand beach with their beautiful drawing last year, we reached out to see if their talented artists might help us create some beautiful artwork for our interactive water safety story. One student went above and beyond, illustrating the whole story herself!

Thank you to 16 year old Amy and teacher, Marileze van der Berg (La-Fe Studio) for the time and effort they have put into this project. The children just adore the story thats to these stunning images!

